

# WANT TO BECOME A LIFEGUARD???

The City of Springfield's Aquatics Division offers Lifeguard Training Classes!

Learn: CPR, First Aid, AED, and Water Rescue Skills

**ATTENDANCE AT & FULL PARTICIPATION IN ALL SESSIONS IS REQUIRED FOR ALL CANDIDATES WHO SUCCESSFULLY PASS THE PRE-COURSE SWIM SKILLS TEST\***

**\*PRE-COURSE SKILLS TEST will be held Wednesday, April 13<sup>th</sup> at 6:00pm at Milton Bradley Elementary School. Please be prepared to pass the following:**

- SWIM 300 YARDS (12 lengths of a 25 yd. Pool)
- Surface dive to retrieve a 10 lb. object, & return to the surface
- 2 Minute Tread without stopping and using your legs only

**Special rates apply to Springfield Public School students!**

**SPS Students/Springfield Residents: \$175.00**

**Non-Springfield Residents: \$225.00**

<b>Location:</b>	Milton Bradley School 22 Mulberry St. Springfield, MA 01105
<b>Date:</b>	April 19 - 22, 2022
<b>Day:</b>	Tuesday - Friday
<b>Time:</b>	8:00am – 4:00pm

**If you are at least 15 years of age and want to become a lifeguard, call the Aquatics office to sign up at 413-787-6298.**