## Stay-at-Home Advisory

Beginning Friday, November 6, 2020 all residents of Massachusetts are advised to stay home between the hours of 10 p.m. and 5 a.m.

During these hours only leave home for essential needs, such as:



**Going to work** 

Going to school

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Seeking emergency medical care



Going to the grocery store

Going to the pharmacy



Picking up take-out food

**Receiving a delivery** 

 $\sum$  Do not host gatherings during these hours

For more information visit mass.gov/stayhome



