WANT TO BECOME A LIFEGUARD???

The City of Springfield's Aquatics Division offers Lifeguard Training Classes!

Learn: CPR, First Aid, AED, and Water Rescue Skills

ATTENDANCE AT & FULL PART ICIPATION IN ALL SESSIONS IS REQUIRED FOR ALL CANDIDATES WHO SUCCESSFULLY PASS THE PRE-COURSE SWIM SKILLS TEST*

*PRE-COURSE SKILLS TEST will be held <u>Wednesday</u>, <u>April 10th at 5:30pm at</u> <u>Milton Bradley Elementary School</u>. Please be prepared to pass the following:

- SWIM 300 YARDS (12 lengths of a 25 yd. Pool)
- Surface dive to retrieve a 10 lb. object, & return to the surface
 - 2 Minute Tread without stopping and using your legs only

Now offering FREE certifications for Springfield Public School students!

SPS Students: FREE

Springfield Residents: \$175.00 Non-Springfield Residents: \$225.00

Location:	Milton Bradley School
	22 Mulberry St.
	Springfield, MA 01105
Date:	April 16 - 19, 2024
Day:	Tuesday - Friday
Time:	8:00am – 4:00pm

If you are at least 15 years of age and want to become a lifeguard, call the Aquatics office to sign up at <u>413-787-6298</u>.